



Sunderland to Blyth Saturday 16th May 2026



SAILING INSTRUCTIONS

1. Rules:

The event will be governed by the rules as defined in the RRS 2026-2028, the prescriptions of the RYA, The International Rules for the Prevention of Collisions at Sea, NECRA 2026 rules and the following SI's.

2. Conditions of Entry:

- Boats must be registered with NECRA prior to the start of this event.
- It is requested that boats post their intention to race on the NECRA website.
- Yachts may be inspected before or after races at the discretion of the committee.

3. Notices to Competitors:

Notices will be posted in the foyer of Sunderland Yacht Club. Any changes to the sailing instructions will be posted not later than 90 minutes before the start.

4. Signals made Ashore:

Any signals made ashore will be displayed at SYC Flagstaff.

5. Protests:

Protests, accompanied with a fee of £5, must be submitted by 19.00 Saturday to Royal Northumberland Yacht Club.

6. Radio Communication:

A boat shall neither make radio transmissions while racing nor receive communications not available to all boats. This restriction also applies to mobile phones.

7. Disclaimer of Liability:

Competitors participate in the races at their own risk. See RRS rule 4 Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during or after this event.

8. Insurance:

Each participating boat shall be insured with valid third party insurance with a minimum cover of £3,000,000.

9. Safety:

ISAF Cat 4. Liferrafts are strongly recommended.

10. Retirement:

Any boat retiring from the race must inform the Race Committee at the destination Club. Please confirm retirement by texting "retired" followed by your boat name to Tel: 07976 938064

11. Intention to Race:

Prior to the start all boats must inform the Race Officer preferably on VHF Ch.37/M1 of their intention to race including boat name, NECRA class and number of people on board.

12. Schedule of Races:

Start Time 16th May	Tide Sunderland	Tide Blyth
All Classes 13:00 BST	HW Sat 15:52 5.36m.	HW Sat 15:46 5.37m.

13. VHF Channels:

Sunderland Race Committee and RNYC Station will operate on VHF CH37 / M / M1 (if manned).

14. Start Line:

Option 1: - within the harbour between the lights on the Race Office and the white Tower "candle" on the South Pier.

Option 2: - a committee boat start with Southern Star at the Leeward end and a yellow inflatable buoy at approximately **0.1nm** to windward.

The start procedure on the day will be notified on SYC notice board at least 90 minutes before the start and repeated on VHF 30 minutes before the start.

15. Start Procedure:

Time	Signal	Lights	Flags	Sound
12:55	All Class Warning	One white	Class Flag	One
12:56	Preparatory	Two white	Prep Flag	One
12:59	One -Minute	One white	Prep flag removed	One
13:00	All Class Start	All out	Class flag removed	One
	Individual Recall	One white	Flag X	One
	General Recall	Two white	First Sub	Two
	Postponement	Two white or more		Three

These signals may also be broadcast on VHF Ch.M1/37

If started from the Race Office all classes will have a combined start using Rule 26, but with light signals displayed from SYC Race Office substituting for flags as above: This changes RRS 29.1 and Race Signals.

16. The Course:

Start line (South to North), then any course to RNYC Finish Line (East to West).

17. Finish Line:

The finish line will be situated approximately **0.1 nm** due south of the West Pier light, Blyth.

Orange flagged Dan Buoy to Port. Green flagged Dan Buoy to Starboard.

All yachts to contact RNYC Race Officer on VHF Channel 37 / M1 five minutes before finishing.

Finishing times may be taken from the west pier or a committee boat.

(THE COMMITTEE BOAT SHALL NOT FORM PART OF THE FINISH LINE).

All competitors should record their own finish times using the atomic clock, note boats ahead and astern and notified NECRA preferably by text with your boat name to Tel: 07976 938064 ASAP after finishing.

Any boat not submitting a finish time within 2 hours of the race Time Limit will be recorded as DNF.

18. Time Limit: 18:00 Saturday 16th May.

Notice to competitors not forming part of the sailing instructions.

All vessels entering and leaving the Pont of Sunderland are required to declare their intentions to Sunderland LPS (Port Control) VHF Ch. 11 or 14. The Race Officer will do this on behalf of all competing boats when starting a race.

The River Wear, Sunderland Harbour and Harbour Approaches area commercial waterway. It is emphasised that right of way must be given to commercial craft at all times.

After Finishing:

Blyth Harbour is a commercial port and all yachts must call Blyth Harbour on VHF Ch. 12 to ask permission to enter. Yachts to make their way onto the Visitors Berth at RNYC where they will be greeted and made welcome.