



## **Sunderland to Whitby Overnight Race Friday 5<sup>th</sup> June 2026**

### **SAILING INSTRUCTIONS**

#### **1. Rules**

The event will be governed by the rules as defined in the RRS 2025-2028, the prescriptions of the RYA, The International Rules for the Prevention of Collisions at Sea, NECRA 2026 rules and the following SI's.

#### **2. Conditions of Entry**

- Boats must be registered with NECRA prior to the start of this event.
- It is requested that boats post their intention to race on the NECRA website.
- Yachts may be inspected before or after races at the discretion of the committee.

#### **3. Notices to Competitors**

Notices will be posted in the foyer of Sunderland Yacht Club. Any changes to the sailing instructions will be posted not later than 90 minutes before the start.

#### **4. Signals made Ashore**

Any signals made ashore will be displayed at SYC Flagstaff.

#### **5. Protests**

Protests, accompanied with a fee of £5, must be submitted by 17.00 Saturday 6<sup>th</sup> June to Whitby Yacht Club.

#### **6. Radio Communication**

A boat shall neither make radio transmissions while racing nor receive communications not available to all boats. This restriction also applies to mobile phones.

#### **7. Disclaimer of Liability**

Competitors participate in the races at their own risk. See RRS rule 4 Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during or after this event.

## 8. Insurance

Each participating boat shall be insured with valid third party insurance with a minimum cover of £3,000,000.

## 9. Safety

World Sailing Offshore Special Regulations (OSR) Category 4 (2026-2027). Liferrafts are strongly recommended.

## 10. Upgang Rocks

Attention is drawn to the fact that an area of rocks extends well offshore from Upgang Ravine, west of the Race Station, at Whitby, as charted. They are weed covered and have a charted depth of 1 metre at MLWS with seas breaking on them in strong N winds. (LW approach likely).

## 11. Retirements

Any boat retiring from the race must inform the Race Committee at the destination Club. Please confirm retirement by texting "retired" followed by your boat name to Tel: 07552165598

## 12. Schedule of Races

Start Time	HW Sund	HW Whitby	Bridge Whitby
All Classes 21:00 BST	Fri 19:41	Fri 20:17 (4.6m) Sat 08:16 (4.87m) 21:02 (4.5m)	Sat 06:30 – 10:00 19:15 – 23:45 (all times approx. radio bridge VHF 11 to confirm)

## 13. VHF Channels

Sunderland Race Committee and Whitby Race Station will operate on VHF CH37/M/M1 (if manned).

## 14. Start Line

The start will be waterborne outside Sunderland Harbour using the Sunderland Y.C. Committee Boat 'Serendipity'.

The Start Line will be between an orange flag on SYC Committee Boat and an Outer Distance Mark (spherical buoy with a flag).

## 15. Start Procedure

2055	All Class Warning	Pennant H	
2056	Preparatory	Pennant H	Inter'l Code Flag "P"
2059	One -Minute	Pennant H	Inter'l Code Flag "P" Removed
2100	All Class Start	All Flags Removed	

## **16. Course**

Start (North to South), Whitby YC Finish Line (West to East). Tees 1 & 2 fairway buoys must be left to starboard, and boats are to remain to seaward of a line joining these to the Saltscar buoy.

## **17. Finish Line**

A line between the Race Station and WYC Race Mark "A", the Limit Mark.

Mark "A" 54° 29.805N 000° 37.119W (Datum WGS84) Yellow Pillar, FI Y 8s

The Race Station is a white hut on The West Cliff about 200m from Whitby Harbour. During the hours of darkness it will be showing a continuous RED Light. It is unlikely that the Race Station will be manned. Own times should be taken

## **18. Time Limit**

14:00 Saturday 6<sup>th</sup> June.

All Competitors please be informed that for the purpose of interpreting The International Regulations for Prevention of Collisions at Sea: Part C: Lights and Shapes: Rule 20 - the following should be noted;

Sunset Fri 5<sup>th</sup> June 21:31 BST  
Sunrise Sat 6<sup>th</sup> June 04:30 BST

END of Sailing Instructions.

## **Hospitality at Whitby Yacht Club.**

Breakfast will be available in the Whitby Yacht Club House from 10:00 on Saturday 6<sup>th</sup>.

The Club will be open from 17:00 with Prize Giving around 21:00.

Food will be available on the evening and should be booked using [booking@whitbyyachtclub.com](mailto:booking@whitbyyachtclub.com).

Thank you.